

# AMPLIFY

## Buprenorphine in Urgent Care: Confident, Compassionate Care

Braeden D Johnson, MD



# Buprenorphine in Urgent Care: Confident, Compassionate Care



Braeden D Johnson, MD

“The Pragmatic MD” for Urgent Care, Emergency, and  
Addiction Medicine

# Financial Disclosures

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- No relevant disclosures for UCA
  - Employee of Salina Regional Health Center
  - Contractor for addiction medicine services for Central Kansas Foundation



# Learning Objectives

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- Learn basic pharmacology and purpose of buprenorphine
- Manage painful conditions for buprenorphine patients in UC
- Confidently refill buprenorphine in UC
- Consider initiation of buprenorphine and referral for select patients

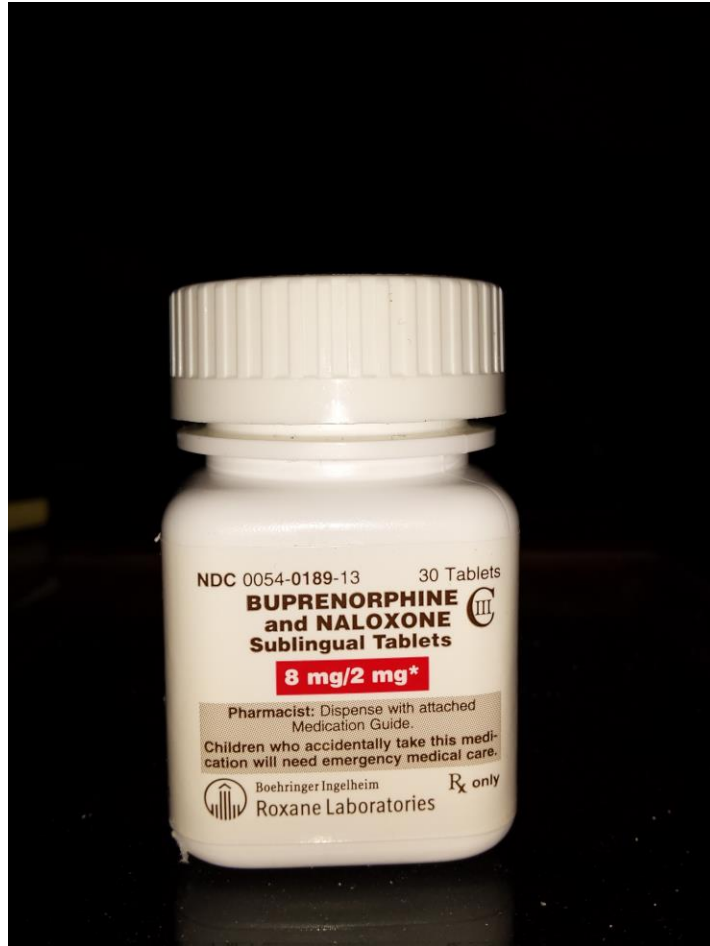
# Clinical Case

- 42M presents to UC with acute right ankle pain after stepping awkwardly off a curb yesterday.
- He takes Buprenorphine-Naloxone 8/2mg two strips daily for MOUD
- X-ray shows a nondisplaced distal fibula fracture
- How do you manage his pain?

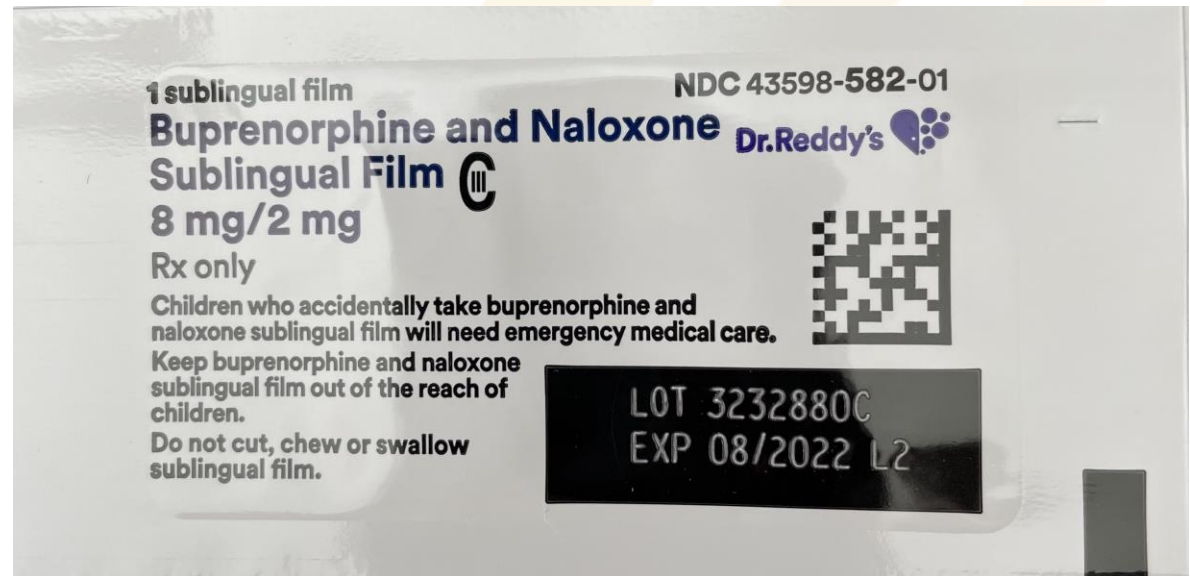


<https://radiopaedia.org/articles/41255>

# What is Buprenorphine?



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# Why use buprenorphine?

- Safer than methadone/opioids
- Easier to access than methadone
- Buprenorphine saves lives

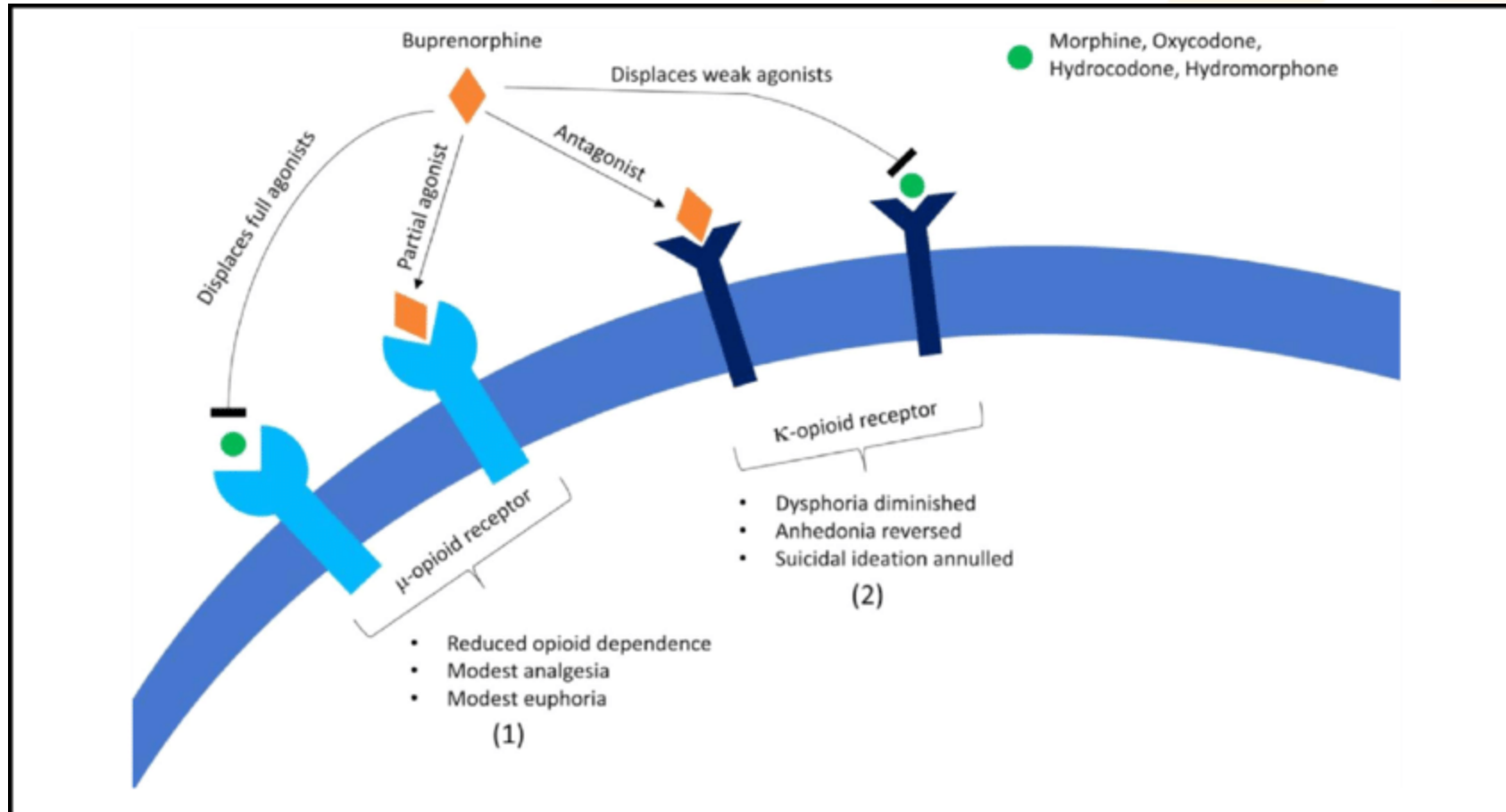


## SUBOXONE IN MEDICATION-ASSISTED TREATMENT (MAT)

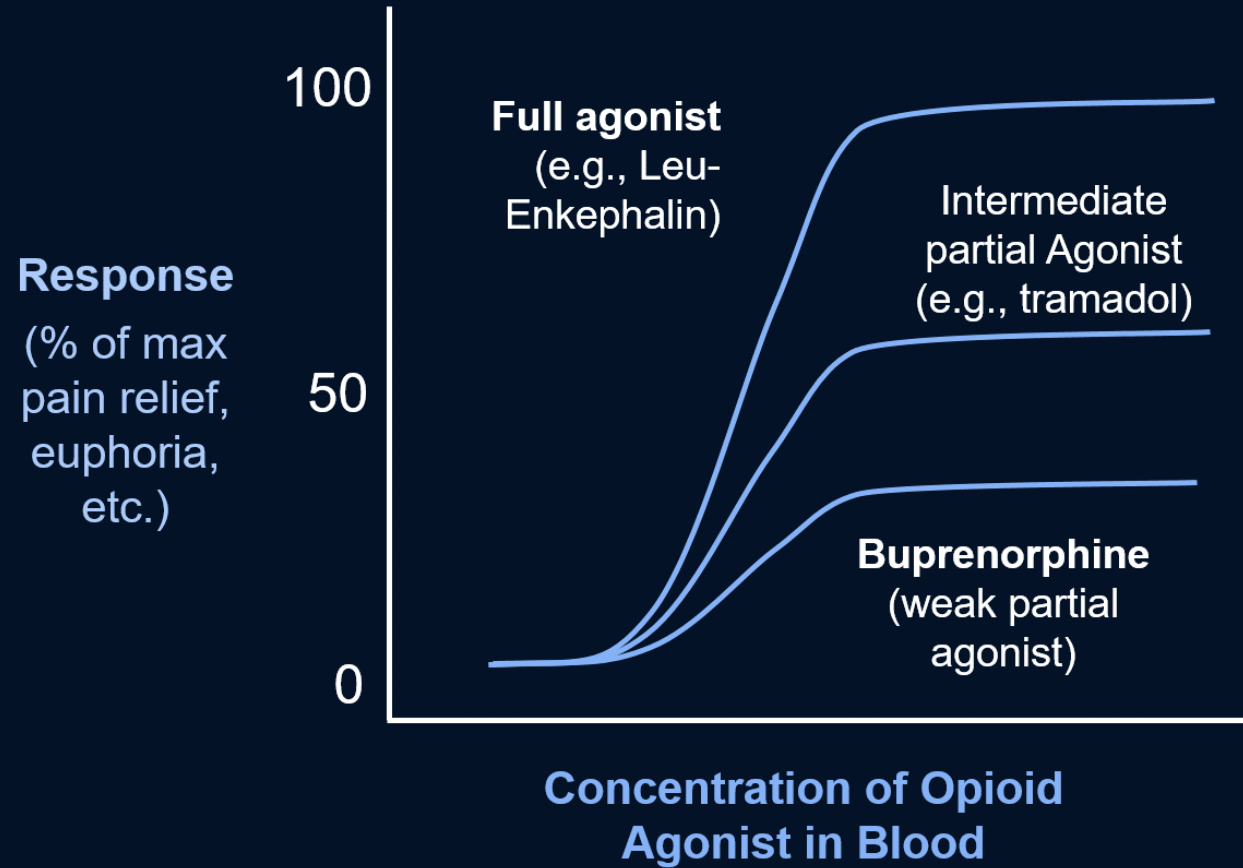


01.  Alleviates opioid withdrawal
02.  Enhances therapy effectiveness
03.  Supports long-term maintenance
04.  Assists in detoxification
05.  Stabilizes emotions for smoother recovery

# Both Weak and Strong Simultaneously



Lynch, Sean & Klepacz, Lidia & Benhamou, Ori-Michael. (2020). Case Report: Buprenorphine—A Treatment for Psychological Pain and Suicidal Ideation?. American Journal on Addictions. 30. 10.1111/ajad.13063.



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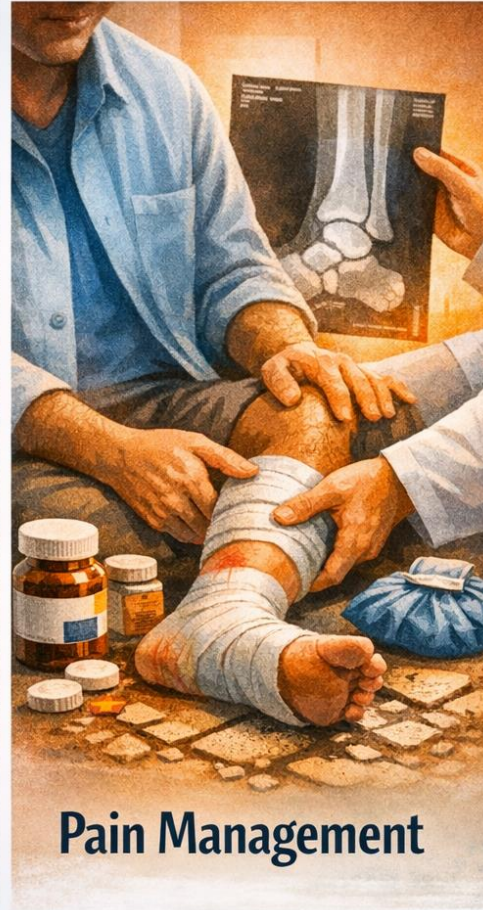
# What about the X-Waiver?



# Buprenorphine in UC



**Refills**

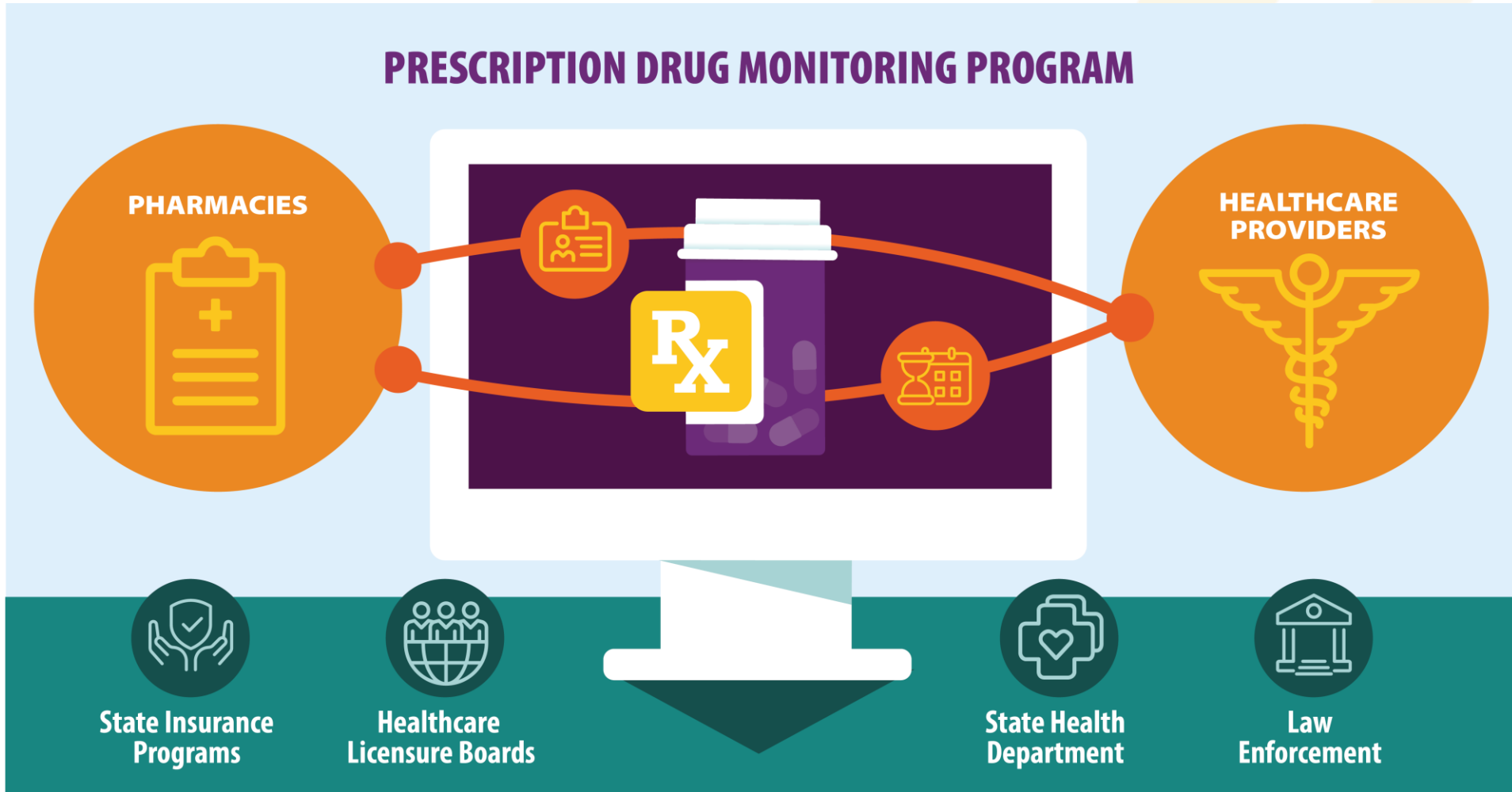


**Pain Management**



**Opioid Withdrawal**

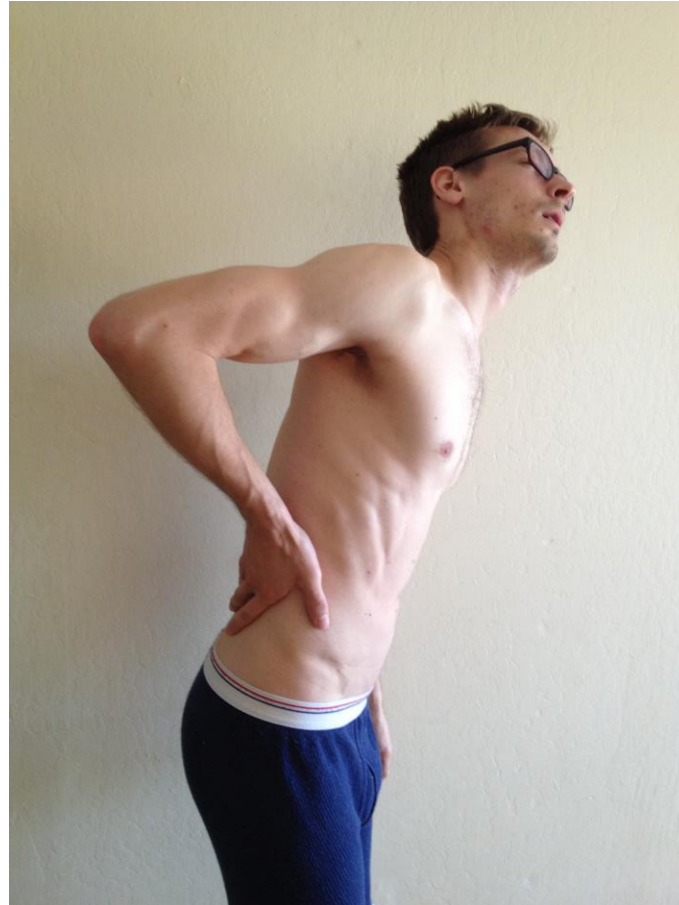
# Refills



# Painful Conditions



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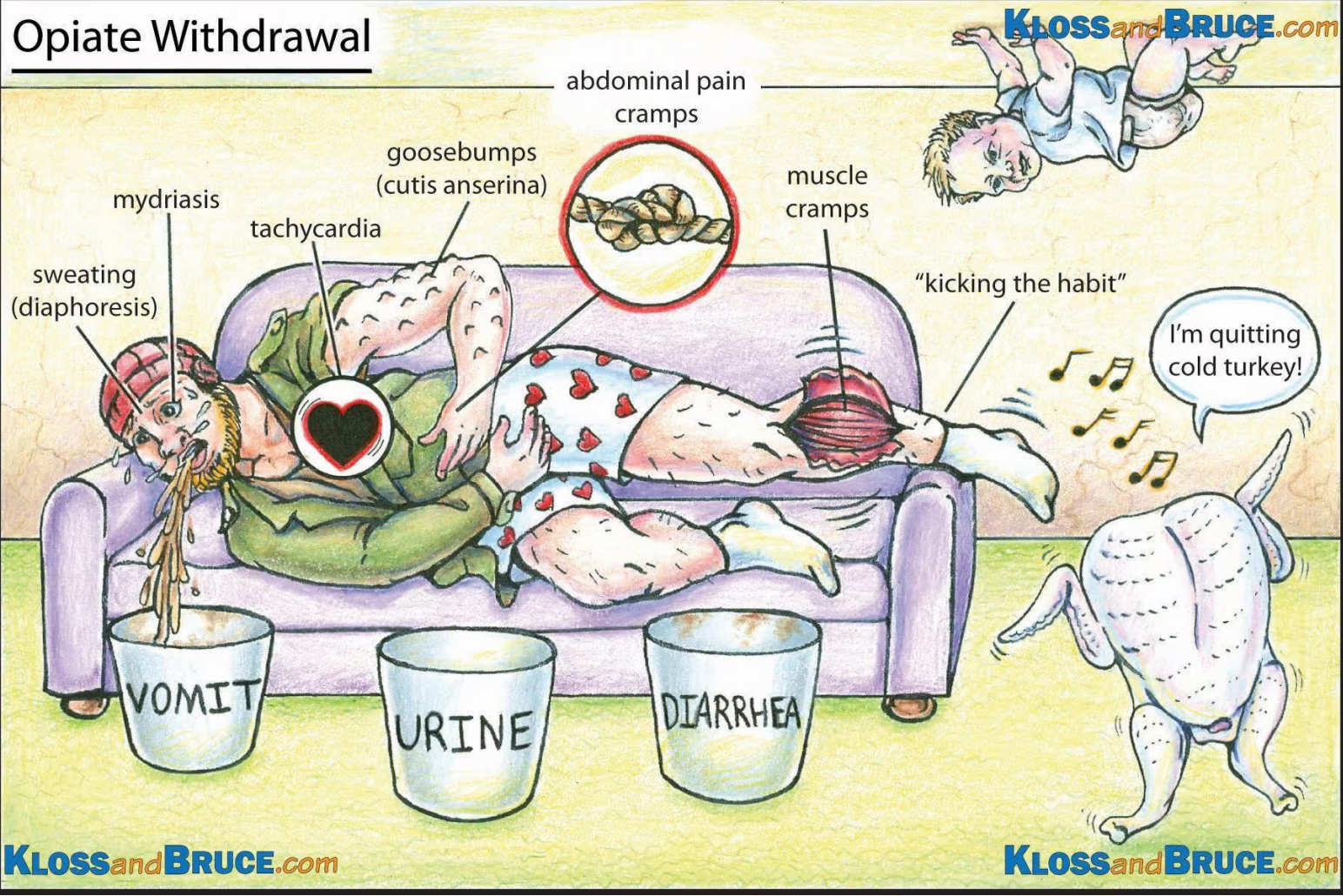
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# Acute Opioid Withdrawal

## Opiate Withdrawal



# Office Buprenorphine Induction

COWS >12



Buprenorphine 8mg sublingual



Evaluate at 60 minutes for effect



If improving, given additional 8mg



Rx buprenorphine/naloxone 8/2mg SL BID x 2 weeks

# Home Buprenorphine Induction

Use Buprenorphine Home Induction app (Free)

Day 1: Buprenorphine 4mg sublingual q1h up to 4 doses

Day 2: Repeat day 1 total dose, repeat 4mg at end of day if symptoms return

Day 3: Repeat day 2 total dose, repeat 4mg at end of day if symptoms return

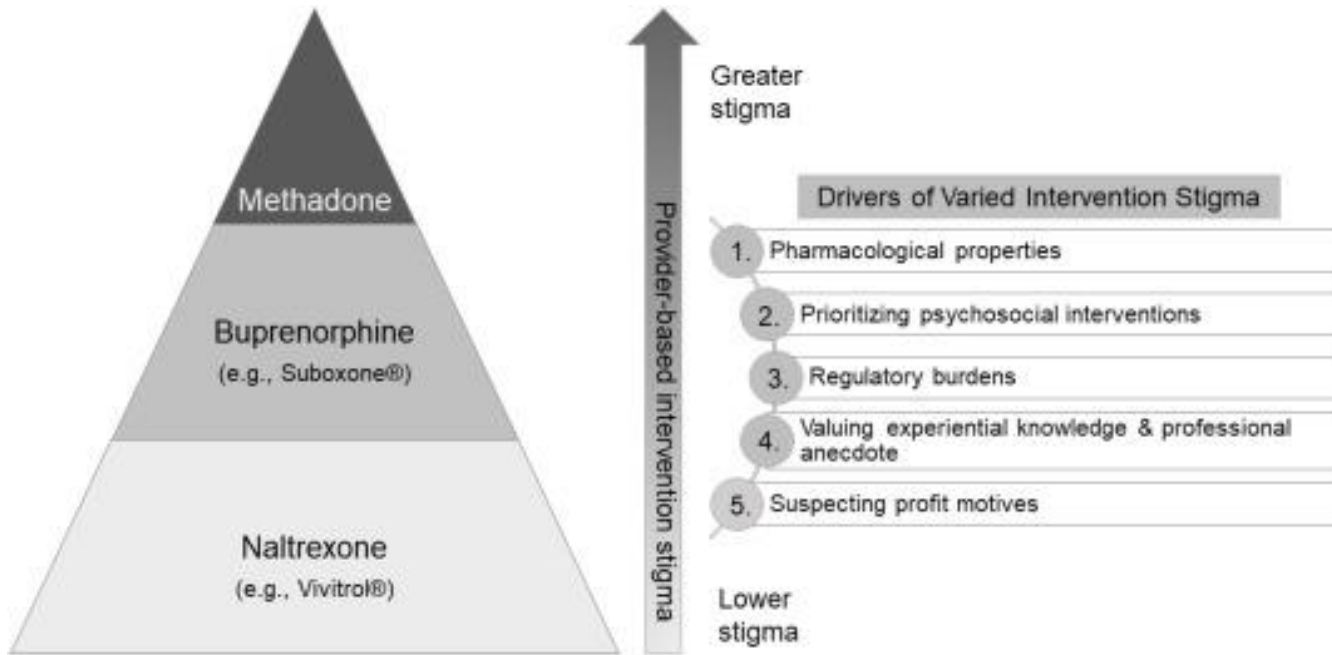
Day 4 & Beyond: Repeat day 2 total dose

# Buprenorphine Precipitated Withdrawal





# End the Stigma



## What We Say Matters Person-First Language Guide

Addict, Addiction, Dirty	➔	A Person with a Substance Use Disorder
Former Addict, Getting Clean	➔	A Person in Recovery
Clean, Sober	➔	Substance Free
Treatment is the Goal	➔	Treatment is One Path to Recovery
Opioid Replacment, Opioid Management	➔	Medication Assisted Treatment
Relapse	➔	Recurrence, Return to Substance Use

# Clinical Case

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# Take Home Points

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- Buprenorphine is a very safe drug that you can refill or prescribe
- Utilize non-opioid pain management strategies for MOUD patients
- Consider temporary increased buprenorphine dose for pain
- Don't perpetuate stigma about MOUD

# I Need Your Feedback – Scan the QR Code

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AFTER THE CONVENTION

You may claim CME here [www.urgentcareassociation.org/learning-center/cme/](http://www.urgentcareassociation.org/learning-center/cme/)

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