



COLLEGE OF
URGENT CARE
MEDICINE®

2024 CUCM BOARD OF DIRECTORS CANDIDATE INFORMATION

Lindsey E. Fish MD

Dr. Lindsey E. Fish is the Medical Director of Denver Health's Peña Urgent Care Clinic in Denver, CO. Additionally, she is an Associate Professor of Medicine at the University of Colorado School of Medicine. She earned a Bachelor of Arts Degree in Biology from Macalester College in St. Paul, MN in 2001 and then her Doctor of Medicine Degree from the University of California San Francisco in San Francisco, CA in 2007. She completed her Internal Medicine Residency at the University of Colorado School of Medicine in 2010. For three years she worked in medium- and maximum-security prisons for the Colorado Department of Corrections which introduced her to very interesting emergent and urgent medical conditions. She began her full-time urgent care work at Denver Health in the Adult Urgent Care Clinic in 2013.

In 2016, Dr. Fish opened Denver Health's first Federally Qualified Health Center all-age urgent care clinic (Federico F. Peña Urgent Care Clinic) where she has remained the Medical Director for the last eight years. The clinic is a medium to high complexity/acuity urgent care clinic with over 27,000 visits per year. She continues to provide direct patient care approximately 20 hours per week. In her Medical Director role, she is responsible for clinician supervision, clinic operations, nursing/support staff leadership supervision and collaboration with the greater organization. She led the Denver Health institution in outpatient COVID-19 testing and treatment. Additionally, Dr. Fish collaborates organizationally on other important urgent care topics to improve quality of care including antimicrobial stewardship, positive opioid prescriptive policies, value-based care, and addressing/minimizing health disparities.

In her role as an Associate Professor of Medicine at the University of Colorado School of Medicine, Dr. Fish is actively involved in urgent care education of future clinicians including medical students, medical residents (internal medicine, family medicine, medicine/pediatrics), international physician learners, PA students and NP students. Over the last decade she has clinically precepted over two hundred learners. Additionally, she has created a self-driven urgent care curriculum for internal medicine residents and wrote the urgent care curriculum chapter for the Primary Care Track Toolkit for the Alliance for Academic Internal Medicine (now in its Third Edition). Dr. Fish is also involved in the education of practicing clinicians having given 10 statewide or national webinars to over 2,700 participants in the last three years.

Dr. Fish is actively involved in research in various urgent care topics including antibiotic stewardship, COVID-19 ambulatory therapeutics, health disparities, quality improvement and care of the underserved patient. She is an author of over twenty peer reviewed publications in journals including the Journal of Urgent Care Medicine, Journal of General Internal Medicine, Journal of Healthcare for the Poor and Underserved, Journal of Clinical and Translational Science, Journal of Medical Virology and The Lancet Regional Health – Americas. Dr. Fish has received over \$410,000 in grant funding to support several of her research projects. In her spare time, she enjoys time with her family and visiting the mountains to hike and ski.

What do you hope to contribute as a CUCM Board member?

What I hope to contribute is my professional passionate woven “braid” of urgent care medicine – excellence in clinical care, education, and research – with an overarching goal of moving the field forward. Success in clinical urgent care medicine requires excelling in each of these three clinical aspects with collaboration amongst many and with my passion, I can connect people.

In the area of clinical care, I personally have been caring for patients in urgent care clinics for over 11 years and continue to do so, therefore understanding the challenges facing clinicians practicing in busy urgent care clinics. My clinician interests include burnout, quality improvement, point of care ultrasound and addressing health disparities. Additionally, I am a medical director and understand the challenges facing clinical leadership including hiring/onboarding new clinicians, education of clinicians, updating clinical practices due to changing clinical tools/guidelines, creating buy in within teams, and addressing poor clinical care. I can bring my personal experience and apply it more broadly to the college and its affiliated clinicians.

In the area of education, I have educated thousands of learners at different levels and degrees of education from one on one in-clinic precepting to national webinars. I have expertise in creating content that is interesting, engaging, applicable and practical. I have created formal curriculums, webinars, podcasts, and clinical guidelines. These skills can be translated to the education work the college is doing and support identifying strategies to address deficiencies in training and education of the urgent care clinician workforce.

In the area of research, I truly believe that moving the urgent care field forward requires research in urgent care medicine – understanding who is served by urgent care clinics, what conditions present to urgent care clinics, how clinicians manage patients in urgent care clinics, what factors impact urgent care patient outcomes, impact of ED guidelines on urgent care practices, etc. are just a few of the many areas that need further investigation. In medicine, data is key to moving things forward, implementing change and improving outcomes. With my experience with multiple prospective and retrospective studies as well as my experience as an Editor of Clinical Images for the Journal of Urgent Care Medicine, I can translate that knowledge to the college and help grow this clinical aspect of urgent care medicine.

Additionally, I will bring my experience and expertise in the care of the underserved patient, in the care of the Spanish-speaking/Hispanic patient, in care in the Federally Qualified Health Center setting to the college. I will also utilize my academic medicine affiliation to continue to support the college moving forward. I will do all the above with the utmost passion, integrity, credibility, honesty, intellect, commitment, understanding, empathy, and humanity that I can.