



## **2026 Board of Directors Applicant Bio: Alfonso Espinel**

Dr. Alfonso Espinel is a board-certified family physician with a clinical focus on emergency medicine and urgent care medicine. He is the founder and Medical Director of PrimeHealth Urgent Care, a growing network of urgent care centers serving communities throughout Southwest Florida. Through his leadership, PrimeHealth Urgent Care has focused on expanding access to high-quality, timely care while helping reduce the burden on local hospital emergency departments. His work emphasizes operational excellence, patient safety, and the continued advancement of urgent care as an essential component of the modern healthcare system.

In addition to his clinical leadership, Dr. Espinel is actively involved in medical education and physician mentorship. He serves as an Adjunct Professor with the Family Medicine Residency Program at Manatee Memorial Hospital, where he contributes to the training and development of family medicine residents and promotes greater exposure to urgent care medicine as a career path for young physicians.

Dr. Espinel is also deeply engaged in organized medicine and healthcare advocacy. He currently serves as President of the Latin American Medical Association, a nonprofit organization dedicated to advancing healthcare education, mentorship, and community outreach. Under his leadership, the organization continues to expand educational initiatives, physician engagement, and scholarship programs aimed at supporting the next generation of physicians.

At the state level, Dr. Espinel serves as a Delegate representing the Manatee County Medical Society to the Florida Medical Association, where he participates in advocacy efforts addressing healthcare policy, physician practice challenges, and patient access to care. He also serves on the Board of Directors of the Southeast Regional Urgent Care Association (SERUCA), contributing to regional initiatives that promote best practices, collaboration, and the continued growth of the urgent care specialty.

Dr. Espinel's professional interests include urgent care operations, healthcare systems improvement, physician leadership, and expanding access to high-quality acute care services. Through his clinical work, leadership roles, and advocacy efforts, he remains committed to advancing urgent care medicine and supporting the physicians and providers who serve patients on the front lines of care.

Outside of medicine, Dr. Espinel enjoys traveling with his family, exploring different cultures, and discovering wine regions around the world.