

Let's Work Out The Basics: Occ Med



Presented by:
Arti Patel, MD
Sarah Warren, PA-C

Presented by UCA Affiliate

HIPPO
EDUCATION

Mesothelioma

If you or a loved one
was **diagnosed with
Mesothelioma**
you may be **entitled
to financial compensation.**

1-800-99 LAW USA

Defining Occupational Medicine

DRIVING **CHANGE**2023
THE URGENT CARE CONVENTION

Occupational
health
(preventative medicine)



Worker's
injuries

Types Of Occupational Medicine Services

- Drug testing
- Breath Alcohol Testing (BAT)
- Simple physical
- Functional Capacity Exam
- Audiometric exams
- DOT physicals
- Return to work/Return to Duty
- Lift assessment
- Pulmonary Function Test
- OSHA Questionnaire
- Qual/Quant Respirator Fit Test
- TB testing
- Titer testing
- Vaccine administration
- Ishihara Color Test

Types Of Drug Testing

- DOT Drug Tests - Regulated by the DOT
 - Marijuana, Cocaine, Amphetamines, PCP, and opioids (morphine, codeine, heroin, oxycodone, hydrocodone, hydromorphone, and oxymorphone)
- Non DOT Drug Tests
 - 5-10 panels depending on what employer requires

What About Worker's Injuries?



HIPPO

Tips & Tricks

#1→ Know what makes an injury/illness recordable!

HIPPO

Nature of Injury	Recordable Medical Treatment	Non Recordable OSHA First Aid
Cuts, lacerations, punctures, splinters, abrasions	<ul style="list-style-type: none">● Sutures (stitches)● Dermabond● Any prescription medication (including application of prescription cream/ointment/gel)● Surgical debridement● Use of rigid splint	<ul style="list-style-type: none">● Butterfly-type closure● Non-prescription ointment/cream● Removal of foreign body by simple means● Removal of foreign body from eye with swab or irrigation● Drilling of nail for pressure relief● Use of finger guard

Nature of Injury	Recordable Medical Treatment	Non Recordable OSHA First Aid
Fracture, dislocation	Any diagnosed acute bone break or joint dislocation	No acute bony injury on X-ray or other imaging
Sprain, strain	<ul style="list-style-type: none"> ● Application of rigid immobilizer, splint, or cast ● Almost all use of PT/OT 	<ul style="list-style-type: none"> ● Use of any soft dressing or support ● Use of hot/cold compression ● Use of massage therapy
Bruise, contusion	Therapeutic drainage of any body fluid	<ul style="list-style-type: none"> ● Diagnostic drainage of fluid ● Hot/cold packs ● Soft wraps

Event	Recordable	Not Recordable
Medication	Recommend use of prescription medications Administration of prescription medication (including samples) Recommendation of OTC medication at prescription dose	Any diagnostic use of prescription medication Recommendation of OTC medication at OTC dose
Medical examination	None	Use of any prescription medicine or device as part of a diagnostic process
Immunization	All immunizations as part of treatment	Any tetanus immunization
Work-duty restrictions	Restrictions that require a job transfer	Minor restrictions that allow the employee to stay at the same job
Days off	Any day off recommend by the provider after an injury, even when the employee was not scheduled for work	Day of treatment does not count as a day off
Referral for additional treatment	Chiropractor or most PT/OT	Referral by itself, to any other specialist
Exercise	Therapeutic exercise program	Massage, education about normal use of muscle or joint mobility

Document, Document, Document



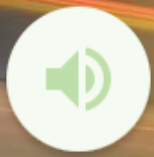
HIPPO



Take Away Points:

- Know what makes an injury/illness recordable
- Thorough history and physical - DOCUMENT, DOCUMENT, DOCUMENT
- Must have a good understanding of the work environment of your patient in order to provide appropriate care to patient when performing a pre-employment physical or managing a worker's comp injury.

DRIVING **CHANGE2023**



DRIVING **CHANGE2023**
THE URGENT CARE CONVENTION

Worker's Comp: Tips & Tricks

UCA URGENT CARE
ASSOCIATION®



Presented by:
Arti Patel, MD
Sarah Warren, PA-C
Vicki Pittman, PA-C

Presented by UCA Affiliate

HIPPO
EDUCATION

Work Notes - Where do I even start?



Navigating Restrictions -Tips and Tricks



They just want time off - now what?

CHANGING CHANGE2023
THE URGENT CARE CONVENTION



HIPPO

What about the follow up visits?



HIPPO

Take Away Points:

- Ask the patient what they don't think they will be able to do at work when filling out the Return to Work form.
- Treat the patients like you would for a non work-related injury. Follow normal healing times when assessing further care.
- Refer to specialists as needed

DRIVING **CHANGE2023**

Session Evaluation

- Your feedback is valuable, take a moment to complete the survey for this session.
- To claim CME, you must complete a separate survey available after the convention.

* How likely are you to recommend this **content** to a colleague?

Not likely at all Neutral Extremely likely

0 1 2 3 4 5 6 7 8 9 10

What did you find most valuable about this **content**?

What would have made this **content** better?